

# **Chris Mellor**

## **Curriculum Vitae**

Assistant Professor  
Department of Health and Sport Sciences  
Adelphi University  
Garden City, NY

307-267-7977  
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### **EDUCATION**

University of New Mexico, Albuquerque, NM Ph.D., Curriculum and Instruction	2019-2021
University of Wyoming, Laramie, WY M.S., Kinesiology and Health	2015-2017
University of Wyoming, Laramie, WY B.S., Kinesiology and Health	2011-2015

### **PROFESSIONAL EXPERIENCE – ACADEMIC:**

#### **FULL- TIME**

Adelphi University, Garden City, NY Program Director, UG Physical Education	2024-Present
Adelphi University, Garden City, NY Assistant Professor, Physical Education	2021-Present
Arkansas State University, Jonesboro, AR Instructor, Physical Education	2017-2018

#### **PART-TIME**

University of New Mexico, Albuquerque, NM Research/Teaching Assistant, Physical Education	2019-2021
University of Alabama, Tuscaloosa, AL Teaching Assistant, Physical Education	2018-2019
University of Wyoming, Laramie, WY Teaching Assistant, Physical Education	2015-2017

### **PROFESSIONAL EXPERIENCE – NON-ACADEMIC:**

Alternative Covid-19 School, Albuquerque, NM Physical Education Teacher, K-5	2020-2021
St. Laurence Catholic School, Laramie, WY Physical Education Teacher, Pre-K-6	2015-2016

## PUBLICATIONS:

### REFEREED JOURNAL/BOOK:

**Mellor, C.**, & Brunsdon, J. (In Press-March 2025). Activating the non-active participant. *Journal of Physical Education, Recreation, and Dance*.

Gaudreault, K., Washburn, N., & **Mellor, C.** (2023). Interpretivist Approaches to Qualitative Data Analysis. In K. A. R. Richards, Hemphill, M., & Wright, *Qualitative Research and Evaluation in Physical Education and Sport Pedagogy*. Jones & Bartlett.

Gaudreault, K. L., Vasquez, M., **Mellor, C.**, Mason, E., & Lucero, A. (2023). "Skinny Little Mexican Kid": Life History of a Latino Immigrant Preservice Physical Education Teacher. *Journal of Teaching in Physical Education*. Advance online publication.

Washburn, N. S., Gaudreault, K. L., **Mellor, C.**, Olive, C. R., & Lucero, A. (2022). Understanding How Preservice Teachers Interpret Early Field Experiences at the Secondary Level. *Journal of Teaching in Physical Education*, 1(aop), 1-10.

**Mellor, C.**, Gaudreault, K. L., & Jenkins, J. (2021). Preparing Physical Educators to Manage Teacher/Coach Role Conflict. *Journal of Physical Education, Recreation & Dance*, 92 (7), 39-43.

Gaudreault, K. L., Olive, C., **Mellor, C.**, & Hushman, G. (2021). Advocating for Physical Education Through Visibility and Relationship Building. *Journal of Physical Education, Recreation & Dance*, 92 (5), 14-17.

**Mellor, C.**, Gaudreault, K.L., & Fadale, C. (2020). The Veteran and the Novice: Investigating teacher/coach role conflict from two perspectives. *The Physical Educator*, 77 (2), 313-331.

### WORKS IN PROGRESS:

Cruickshank, V., Mainsbridge, C., & **Mellor, C.** Factors influencing HPE pre-service teacher use of Game Sense Approach. **In Review. Journal of Teaching in Physical Education.**

Cruickshank, V., **Mellor, C.**, & Mainsbridge, C. The influence of peer review on teaching development. **1<sup>st</sup> author writing discussion. Targeted journal: Physical Education and Sport Pedagogy**

**Mellor, C.**, Gaudreault, K.L., Richards, K.A.R., & Hushman, G. Washed out or never washed in? A case study examining washout in professional socialization. **Manuscript Edit.**

**Mellor, C.**, & Brunsdon, J.. Investigating the Role and Use of The Spectrum in Modern PETE Programs. **Data Analysis**

Simonton, K., Mateos, M., Ioannis, S., **Mellor, C.**, & Brunsdon, J. International Spectrum of Teaching Styles Review. **Data Collection**

Treadwell, S., Seymour, C., Cardina, K., & **Mellor, C.** Pre-service Physical Education Teachers' Perceived Preparedness to Teach Social-Emotional Learning Lessons and Trauma-informed Practices Upon Graduation. **Data Collection**

## **REFEREED PRESENTATIONS:**

**Mellor, C.** (2025). Expanding on Washout through Occupational Socialization Theory. Single paper presentation at the annual conference of the Association Internationale des Écoles Supérieures d'Éducation Physique. Tampa, Florida.

**Mellor, C.,** Brundson, J. (2024). Investigating the Role and Use of The Spectrum in Modern Physical Education Teacher Education Programs. Single paper presentation at the annual conference of the Association Internationale des Écoles Supérieures d'Éducation Physique. Jyväskylä, Finland.

**Mellor, C.,** Gaudreault, K.L. (2024). Recruitment and Retention in PETE: The influence of Socialization, Washout, and PETE Curriculum. Oral presentation at the Society of Health and Physical Educators- American National Convention. Cleveland, OH.

**Mellor, C.,** Gaudreault, K.L., Richards, K.A.R., & Hushman, G. (2023). Washed Out or Never Washed In? A Case Study Examining Washout in Professional Socialization. Poster presented at the Society of Health and Physical Educators- American National Convention. Seattle, WA.

**Mellor, C.,** Rukavina, P., Doolittle, S., Seltenreich, B., & Vasquez, M. (2023). An Examination of Culturally Relevant Physical Education in Suburban Area. Poster presented at the Society of Health and Physical Educators- American National Convention. Seattle, WA.

**Mellor, C.,** Gaudreault, K., Richards, K.A.R., & Hushman, G. (2022). An Appreciative Approach to Studying Wash-out During Professional Socialization. Single paper presentation at the annual conference of the Association Internationale des Écoles Supérieures d'Éducation Physique. Queensland, Australia.

Gaudreault, K., & **Mellor, C.** (2020). Understanding the occupational socialization of a Latino immigrant pre-service physical educator. Accepted poster presentation at the Society for Health and Physical Educators- America National Convention. Salt Lake City, UT.

Gaudreault, K.L., Fadale, C., & **Mellor, C.** (2020). How teaching a marginalized subject influenced the identity development of three physical educators. Poster presented at the National Association for Kinesiology in Higher Education. Palm Springs, FL.

## **NON-REFEREED PRESENTATIONS:**

**Mellor, C.,** Olive, C., & Mercier, K. (2022). Developing your belief matrix, cover letter, and resume. Presented the New York State Association for Health, Physical Education, Recreation and Dance- State Conference. Verona, NY.

Olive, C., & **Mellor, C.** (2022). Integrating SEL into CSPAP. Presented the New York State Association for Health, Physical Education, Recreation and Dance- State Conference. Verona, NY.

**Mellor, C.,** & Lucero, A. (2019). How to show and integrate different subject matters into instant activities for physical education teachers. Presented at the Society of Health and Physical Educators- New Mexico Fall Convention. Albuquerque, NM.

Lucero, A., & **Mellor, C.** (2019). How to adapt physical education for individuals with disabilities in the classroom for physical education teachers. Presented at the Society of Health and Physical Educators- New Mexico Fall Convention. Albuquerque, NM.

**Mellor, C.**, & Gaudreault, K. (2019). Managing Teacher/Coach Role Conflict. Poster presented at the Shared Knowledge Conference. Albuquerque, NM.

**Mellor, C.** (2018). A New Systematic Observational Tool Designed to Evaluate the Effectiveness of a Demonstration. Poster presented at the Educational Studies in Psychology, Research Methodology, and Counseling graduate research symposium. Tuscaloosa, AL.

**Mellor, C.**, & Huckabee, H. (2017). Preparing for Your Future- Pre-Service Teachers. Presented at the annual conference of Arkansas Association for Health, Physical Education, Recreation and Dance. Little Rock, AR.

**Mellor, C.**, & Huckabee, H. (2017). Future Professional- Superstars Competition. Presented at the annual conference of Arkansas Association for Health, Physical Education, Recreation and Dance. Little Rock, AR.

**Mellor, C.**, & McMullan, N. (2016). A Tactical Approach to Teaching Net and Wall Games: Tchoukball. Presented at the annual conference of Wyoming Association for Health, Physical Education, Recreation and Dance. Rock Springs, WY.

**Mellor, C.**, Ivy, R., Jacobs, E.J., & Shiver, T. (2014). Folk Dance: Tanko Bushi & Tamukung. Presented at the annual conference of Wyoming Association for Health, Physical Education, Recreation and Dance. Laramie, WY.

#### **FACULTY LED STUDENT PRESENTATIONS:**

Brown, C., Hoesten, E., Murphy, J., & Hanely, T. (2025). Give Your Brain a Boost, Not a Break. Accepted: To be presented at the New York State Association for Health, Physical Education, Recreation and Dance- Nassau Zone Conference. Garden City, NY.

Velez, M., Cardinale, J., Hoesten, E., & Dudine, C. (2024). Implementing Culturally Responsive-Sustaining Education with an Affirming Environment. Presented at New York State Association for Health, Physical Education, Recreation and Dance- State Conference. Verona, NY.

Velez, M., Cardinale, J., Hoesten, E., & Dudine, C. (2024). Creating a Welcoming and Affirming Environment through Culturally Responsive-Sustaining Education. Presented at the New York State Association for Health, Physical Education, Recreation and Dance- Nassau Zone Conference. Garden City, NY.

Hue, T., Vigil, W., Zielinski, A., Migliozi, D., & Dekenipp, C. (2023). Integrating Culturally Relevant Pedagogy into Elementary Physical Education. Presented at New York State Association for Health, Physical Education, Recreation and Dance- State Conference. Verona, NY.

Hue, T., Vigil, W., Zielinski, A., Migliozi, D., & Dekenipp, C. (2023). Integrating Culturally Relevant Pedagogy into Elementary Physical Education. Presented at the New York State Association for Health, Physical Education, Recreation and Dance- Nassau Zone Conference. Garden City, NY.

Seltenreich, B., Stafford, L., Roppelt, N., Devine, L., Venuti, G. (2022). Advocating for CSPAP through cross-curricular activities. Presented the New York State Association for Health, Physical Education, Recreation and Dance- State Conference. Verona, NY.

Seltenreich, B., Stafford, L., Roppelt, N., Devine, L., Venuti, G. (2022). Reimagining the Approach to a Comprehensive School Physical Activity Plan. Presented at the New York State Association for Health, Physical Education, Recreation and Dance- Nassau Zone Conference. Garden City, NY.

## GRANTS:

**Mellor, C.,** Mercier, K., Jacobs, S. *Open PE: Physical Education & Activity for Kids Contest.*

- Co-Writer
- Budgeted for \$5000

**Mellor, C.,** & Brunsdon, J. Investigating the Role and Use of the Spectrum in Modern PETE Programs. *The Spectrum Institute for Teaching and Learning (SITL) Research Grant.*

- Grant Writer
- Funded- \$5000

**Mellor, C.,** Rukavina, P., & Doolittle, S. Culturally Relevant Pedagogy Curricular Innovation. *College of Education and Health Sciences Dean's Funds for Curriculum Innovation, Scholarship, and Grants.*

- Grant Writer
- Funded- \$3000

## HONORS AND AWARDS:

Dean's Research Release Time	2022
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Major of the Year; Wyoming Association for Health, Physical Education, Recreation, & Dance	2014
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## ACADEMIC AND PROFESSIONAL SOCIETIES:

Association Internationale des Écoles Supérieures d'Éducation Physique (AIESEP)	2022-Present
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New York State Association for Health, Physical Education, Recreation and Dance (NYSAPERD)	2021-Present
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Society for Health and Physical Educators (SHAPE)- New Mexico	2019-2021
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Arkansas Association for Health, Physical Education, Recreation and Dance (ArkAHPERD)	2017-2018
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Society for Health and Physical Educators of America (SHAPE)	2015-Present
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Wyoming Alliance for Health, Physical Education, Recreation and Dance (WAHPERD)	2014-2018
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## SERVICE:

## PROFESSIONAL:

Hempstead Professional Development	2022
• Assisted with developing and delivering the PD	
Association Internationale des Écoles Supérieures d'Éducation Physique (AIESEP)	2022
• Abstract Reviewer for annual meeting	
Journal of Teaching in Physical Education (JTPE)	2021-Present
• Manuscript Reviewer	
Journal of Physical Education, Recreation, and Dance (JOPERD)	2021-Present
• Manuscript Reviewer	
Physical Education and Sport Pedagogy (PESP)	2021
• Guest Reviewer	

## SCHOOL/DEPARTMENT/University:

Senate Committee for Admissions and Retention (SCAR)	2023-Present
• Chair Dr. Justyna Widera-Kalinowska	
Physical Education Hiring Committee	2023
• Co- Chairs: <b>Dr. Chris Mellor</b> & Kevin Mercier	
Physical Education Majors Club	2022-2024
• Faculty Chair <b>Dr. Chris Mellor</b>	
Student Teaching Subcommittee	2022
• Chair Jean Marie Ignatiadis	
Physical Education- Teacher Development Team	2021-Present
• Co- Chairs: <b>Dr. Chris Mellor</b> & Dr. Paul Rukavina	
Undergraduate Open House	2021-Present
• Faculty Representative	
Fieldwork Committee	2021-Present
• Chair Dr. Daryl Gordon	

**WORKLOAD:****ADELPHI TEACHING WORKLOAD:**

<b>Semester/Course</b>	<b>Students</b>	<b>Credit Hours</b>
<b>Spring 2025</b>		
0852-380-001 Physical Education in The Elementary School	21	3
0852-380-002 Physical Education in The Elementary School	11	3
0852-488-001 Practicum in Teaching	21	3
0852-488-002 Practicum in Teaching	11	3
0852-290-001 Technology in Health and Physical Education <i>Intercession</i>	9	3
		<b>15 Credit Hours</b>
<b>Fall 2024</b>		
0852-380-001 Physical Education in The Elementary School	17	3
0852-488-001 Practicum in Teaching	17	3
0852-290-001 Technology in Health and Physical Education	25	3
0852-247-001 Net and Racquet Sports	11	2
		<b>11 Credit Hours</b>
<b>Spring 2024</b>		
0852-380-001 Physical Education in The Elementary School	25	3
0852-380-002 Physical Education in The Elementary School	15	3
0852-488-001 Practicum in Teaching	25	3
0852-488-002 Practicum in Teaching	15	3
0852-536-417 Student Teaching: Physical Education	2	2
0852-290-001 Technology in Health and Physical Education <i>Intercession</i>	20	3
		<b>17 Credit Hours</b>
<b>Fall 2023</b>		
0852-380-001 Physical Education in The Elementary School	14	3
0852-488-001 Practicum in Teaching	14	3
0852-247-001 Net and Racquet Sports	20	2

0852-290-001 Technology in Health and Physical Education	25	3
0852-536-417 Student Teaching: Physical Education	2	2
		<b>13 Credit Hours</b>
<b>Summer 2023</b>		
0852-656-001 Teaching Analysis	12	3
		<b>3 Credit Hours</b>
<b>Spring 2023</b>		
0852-380-001 Physical Education in The Elementary School	19	3
0852-488-001 Practicum in Teaching	19	3
0852-536-417 Student Teaching: Physical Education	3	3
0852-643-001 Movement Experience for Elementary School	19	3
0852-791-004 Independent Study: Coaching	1	1
		<b>13 Credit Hours</b>
<b>Fall 2022</b>		
0852-380-001 Physical Education in The Elementary School	19	3
0852-488-001 Practicum in Teaching	19	3
0852-247-001 Net and Racquet Sports	18	2
0852-536-417 Student Teaching: Physical Education	2	2
0852-643-001 Movement Experience for Elementary School	14	3
		<b>13 Credit Hours</b>
<b>Summer 2022</b>		
0852-656-001 Teaching Analysis	5	3
		<b>3 Credit Hours</b>
<b>Spring 2022</b>		
0852-380-001 Physical Education in The Elementary School	13	3
0852-488-001 Practicum in Teaching	13	3
0852-791-003 Independent Study	1	3
		<b>9 Credit Hours</b>
<b>Fall 2021</b>		
0852-380-001 Physical Education in The Elementary School	4	3
0852-488-001	4	3



Practicum in Teaching		
0852-509-001 Health Related Fitness	21	3
0852-247-001 Net and Racquet Sports	20	2
		<b>11 Credit hours</b>

#### NON-TEACHING WORKLOAD:

SEMESTER	NUMBER OF ADVISEES
Spring 2025	64
Fall 2024	55
Spring 2024	43
Fall 2023	43
Spring 2023	30
Fall 2022	30
SPRING 2022	11
Fall 2021	11

#### INVITED GUEST LECTURES:

**Adelphi University-** PED 525 (UG) Curriculum and Methods in Physical Education 2023  
*Topic: Tactical Approach*

**University of New Mexico-** PEP 479 Organization and Administration in Physical Education 2022  
*Topic: Advocacy in Physical Education*

**Adelphi University-** PED 525 (G) Curriculum and Methods in Physical Education 2022  
*Topic: Systematic Observational Tools*

**Coastal Carolina University-** EDPE 320 Curriculum and Administration 2022  
*Topic: Advocacy in Physical Education*